

2023



Tier 1 PBIS/MTSS Team Training

**School Wide Positive Behavioural Interventions and Supports (PBIS)
(also called Multi-Tiered Systems of Support, or MTSS)**

What is PBIS?

Positive Behavioural Interventions and Supports, also called Multi-Tiered Systems of Support (MTSS) is a whole school approach to increasing students social, behavioural and academic success.

It is an evidence-based framework used by over 30000 schools in the US and around 2000 schools across Australia.

The Center on PBIS describes it this way:

“Positive Behavioral Interventions and Supports (PBIS) is an evidence-based three-tiered framework for improving and integrating all of the data, systems, and practices affecting student outcomes every day.

It is a way to support everyone – especially students with disabilities – to create the kinds of schools where all students are successful.

PBIS isn't a curriculum you purchase or something you learn during a one-day professional development training. It is a commitment to addressing student behavior through systems change.

When it's implemented well, students achieve improved social and academic outcomes, schools experience reduced exclusionary discipline practices, and school personnel feel more effective.”

The term Multi-Tiered Systems of Support, or MTSS is now being used more commonly, as it describes a systems that is inclusive of support for academic achievement and mental health.

Who is PBIS for?

Any schools who want to improve student behaviour, engagement with learning, increase inclusion of students with disability or from diverse backgrounds and improve mental health!

Need more information on PBIS...

Reading Materials:

PBIS National technical assistance centre information on Tier 1:

<https://www.pbis.org/pbis/tier-1>

Posters:

Tier 1 Essential Components Map:

<https://rypple.org.au/positive-behaviour-support/tier-one-essential-components-map/>

Video Summaries (depending on how much time you have):

2 minutes <https://www.youtube.com/watch?v=URR7A33ArTY>

5 minutes https://www.youtube.com/watch?v=x_KDFb_SSc0

10 minutes <https://www.youtube.com/watch?v=mApj2F4A9HI&t=568s>

and what it feels like to be in a PBIS school

<https://www.youtube.com/watch?v=AkgX4tzWobo>

What would it look like if we did decide to do PBIS?

Our 4 day, face to face training training guides school teams through the process of designing their Tier 1 (supports for all students) interventions, and supports for all staff to implement the school-wide system.

- A representative PBIS/MTSS school leadership team will attend sessions, in which they will be guided through the knowledge and resources to build all the Tier 1 systems over the course of one school year.
- The PBIS/MTSS team will get a clear action plan with tasks to complete between each training to build the systems to support all students.
- The team will also get all the resources they need to run “mini PL’s” with their whole school staff.
- During each training day the team will get a clear idea of what to do and how, to implement each of the Essential Components of PBIS/MTSS .
- The training is focused and interactive, with work time within training and a clear list of tasks to complete before the next session.
- We encourage schools to work in networks as we will be supporting schools with peer coaching (either online or in-person) throughout the training year.



Training content	Session length	Who should attend
<p>Introduction: What is the training, time commitments, what to expect, and costs.</p>	30 minutes	School Leaders, staff interested in leading PBIS
<p>Awareness, readiness and planning to get ready. Setting up the Tier 1 Leadership Team</p>	1 hour	Whole school staff
<p>Tier 1 Training</p> <ul style="list-style-type: none"> • Provision of the Action Plan, Workbook, and additional resources. • Information about, Australian examples of, and work time to design your school's implementation of the Essential Components of SW-PBIS Tier 1 <ul style="list-style-type: none"> ◦ Understand and Use the PBIS framework ◦ Define Expected Behaviour – schoolwide expectations, Matrix, Procedures ◦ Teach Expected Behaviour ◦ Encourage Expected Behaviour ◦ Respond to Behaviour Errors ◦ Collecting Data efficiently and using it for ◦ Data Based Decision Making. Using PBIS ◦ Fidelity Assessments for ongoing Action planning ◦ Supporting all educators to use Effective Teaching and Learning Practices in their classrooms ◦ Readiness for Tier 2 and 3 	<p>4 sessions, each 1 day</p> <p>Will cover all the Essential Components of PBIS Tier 1 (Supports for all students)</p> <p>Delivered over one school year, approx. 1 session per term</p> <p>Teams will attend training and then meet for work time between sessions, to complete actions from the Action Plan</p>	<p>Tier 1 Leadership Team.</p> <p>A group of approx. 6-10 staff, representing the school and including an Administration team member</p>